

The West Purbeck Benefice Prayer

Holy God we thank you that you have called us to be your people across the West Purbeck Benefice.

We praise you for the beauty that surrounds us,
the people who make up our communities,
the visitors whom we welcome

and above all for the gift of faith you have given to us.

Help us through prayer and worship to grow closer to you,
through service and care to reflect your love,

and through mission to share your Good News with all around us.

Through Jesus Christ our Lord. **Amen.**



Sunday 16th August 2026
The Eleventh Sunday after Trinity

Sunday 16th August - The Eleventh Sunday after Trinity

9am	Holy Communion	Bere Regis
9am	BCP Holy Communion	Wool
10.45am	Prayer and Praise:	Streamed
Zoom link:	https://us06web.zoom.us/j/5152255413	Meeting ID: 515 225 5413
11am	Holy Communion:	Affpuddle
11am	Songs of Praise	Winfrith

Clergy Contact Details:

Rev Canon Richard Bartlett

01929 792633 vicar@westpurbeck.org.uk

Rev Jenny Alidina

01929 551502 revjenny@westpurbeck.org.uk

Rev Lisselle Clarke-Moisley

01929 781240 missionary@westpurbeck.org.uk

Rev Lydia Reese

07900 757669 curate@westpurbeck.org.uk

www.westpurbeck.org.uk

The Office office@westpurbeck.org.uk / 07729 484 866

Usual hours The Benefice Office is staffed Wednesday 9-12 and 12.30-4 and Friday 9-1.30.

For enquiries outside these times contact the Vicar.

MIDWEEK SERVICE - Wednesday 19th August

10.30am	Holy Communion	d'Urberville Centre, Wool
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Next Sunday 23rd August - The Twelfth Sunday after Trinity

9am	BCP Holy Communion	Affpuddle
9am	Holy Communion	West Lulworth
10.30am	Holy Communion	Wool
11am	Holy Communion:	Bere Regis
11am	Holy Communion	Winfrith

Collect for The Eleventh Sunday after Trinity

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

PLEASE BEWARE EMAIL SCAMS!

We are aware that scam emails are circulating. Any genuine email from Revd Richard Bartlett will have his email address vicar@westpurbeck.org.uk and the West Purbeck Benefice Logo in the signature. Please don't click on any links in suspect emails!

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Post Communion prayer for the Eleventh Sunday after Trinity

Lord of all mercy,
we your faithful people have celebrated that one true sacrifice
which takes away our sins and brings pardon and peace:
by our communion
keep us firm on the foundation of the gospel
and preserve us from all sin;
through Jesus Christ our Lord. **Amen**

Readings: Isa. 56.1, 6-8; Rom. 11.1-2a, 29-32; Matt. 15.21-28

Gospel: Matt. 15.21-28

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' He answered, 'I was sent only to the lost sheep of the house of Israel.' But she came and knelt before him, saying, 'Lord, help me.' He answered, 'It is not fair to take the children's food and throw it to the dogs.' She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

Zoom Link for 8.30am Online Morning Prayer

Mondays, Tuesdays, Thursdays and Fridays. All are very welcome.
Please the Zoom link:

<https://us04web.zoom.us/j/74869544040?pwd=oZKHITGgicyMlgNsuLOFMVJ6DnbBSe.1>

Meeting ID: 748 6954 4040



Ride + Stride 2026 will take place on Saturday 12th September.

Please save the date.

Dorset Historic Churches Trust are once again inviting YOU to raise money for your local church by becoming a cyclist or to walk to a number of local/Deanery churches (or even further afield) 50% of the money you raise is returned to your church. Once again, we hope that that some of you will be keen to take part again this year. Last year 2025, over £100,000 was raised and very close to an all-time record of £112,500 back in 2021.

Money was raised from hundreds of sponsors with 50% being returned to nominated churches. Here at Holy Rood £1,000 was raised with half coming back to the church. One key point is that Gift Aid is recovered, so please if you are a tax payer then please tick the Gift Aid box when you come to sponsor our Riders and Striders.

For more information on the above contact:

Jenny Hunt 01929 462570 - E Mail: theskypilot2@gmail.com

or www.dhct.org.uk



Photo taken at the Ride+Stride launch earlier in June

Join our team for a sponsored

Pedal-a-thon

The challenge: Keep the bike going for 4 hours



Raise money for
Wareham Food Bank
and
Dorset Historic Churches Trust

It's a fun team challenge - good for a laugh
Ride a stationary exercise bike for as long as you can
- 2 mins or even half an hour
- just keep the bike going
Open to everyone including children

Sunday September 13th. 12 noon to 4pm
Holy Rood Church, Church Lane

Cafe available: Come, support and have a cuppa/tea
Bring a picnic - make a sunny afternoon of it!

How it works

Sign up to the team - forms from Toni [tmac4455@aol.com]
Organise your sponsorship money and pay our treasurer by 27/9.

Organised by friends of Holy Rood Church



www.westpurbeck.org.uk

SUGGESTIONS FOR YOUR PRAYERS THIS WEEK

The work of the Church: Please pray for The Church in Wales. Also please pray for our Pastoral Team.

This Benefice: We pray for all those who are not able to join in with worship at this time. We pray for all those volunteering in their community with transport, prescriptions and shopping, also, local shops and businesses.

Pray for the residents of Throop, Rye Hill, Rye Hill Close, Shitterton in Bere Regis; West Road in West Lulworth; Willowborne Gardens and Dorchester Road in Winfrith and East Knighton; Holt Road, Bovington, Hyde Place, Hyde Road and Hyde Way in Wool.

Those who are ill or have asked for our prayers:

We pray for Peter Wharf, Daisy Martin; Pat House; Barry Quinn; Maureen Long; John Scott; Mary Richter; Margaret Coles; Fr. Tony Ball; Jane Heywood; Zena Warne; Sylvia Leak; Sue and Geoff Allen

We are pleased to pray for all those whom we are asked to pray for. In order to keep our prayer intentions up to date we will include names for one month. At the end of each month, if you would like either yourself or the person whom you have asked us to pray for to remain on the prayer list for a further month, please inform one of the clergy or the Benefice Office. If you are asking for prayer for someone else please remember to ask their permission for us to include them in The Link. Thank you for being a part of this important ministry of prayer.

We pray for the families and friends of those who have died in recent days Patricia Ruth Burt; Margaret Ann Meaden; Jo Linter

Also the families and friends of those whose anniversary of death falls at this time.

Please pray for the family and friends of

Margaret Ann Meaden

*whose funeral and burial will take place
on Friday, 21st August at Holy Trinity, West Lulworth.*

www.westpurbeck.org.uk

West Purbeck Benefice Outdoor Service

In God's Pocket, East

Chaldon, DT2 8DN

30th August

At 1030

The Bishop of Sherborne, Rt Revd Karen Gorham, will lead the service

Cream teas in the village 2—5.30 pm



Please bring a folding chair if you have one. Thank you.

DORSET CREAM TEAS

& AN EXHIBITION OF ELIZABETH MUNTZ'S ART

*At Mrs Muntz's
former Studio*

THE WELL HOUSE

Chydyok Road, Chaldon Herring DT2 8DN

SATURDAY
29TH AUGUST 2026

2 pm – 5 pm

SUNDAY
30TH AUGUST 2026

2 pm – 5 pm

HOME-MADE SCONES,
LOCAL CREAM AND JAM

Proceeds to St Nicholas Church

PLANT
SALE

BOOK
STALL

FREE ADMISSION • HOME-MADE CREAM TEAS • PLANT SALE • BOOK STALL

ST JOHN THE BAPTIST CHURCH, BERE REGIS
BH20 7HQ

SUMMER FAYRE

SATURDAY 22nd AUGUST, 2-4pm

ART & CRAFTS
PLANTS
REFRESHMENTS
FRESH BAKES & CAKES
WHITE ELEPHANT
TOMBOLA
RAFFLE

WITH SPACE FOR GROUPS & INDIVIDUALS TO
SELL THEIR CRAFTS,
TREASURES & WARES!
(£10 a pitch & keep what you make)

TO BOOK YOUR PITCH EMAIL GLO:
glocurtis57@gmail.com

THANKS FOR HELPING RAISING FUNDS FOR
THE UPKEEP & WORK OF THE CHURCH!

The West Purbeck Benefice

www.westpurbeck.org.uk



I was introduced to Capacitar eighteen months ago by Nickie Fidgin when I was coping with several challenges including loss of sight in one eye, my husband Naj suffering two strokes, and a family bereavement. I found it immensely helpful, feeling calmer, lighter and more at peace with a renewed sense of well-being by the end of a session. I was invited to train as a practitioner and have had a wonderful year learning so much about the medical and psychological research relating to these techniques and their application.

The wellness practices included gentle movements to beautiful music, breathwork and visualisations to help clear my mind, encouraged positive thinking and encouraged rest. Bodywork such as acupuncture and hand massage helped muscle relaxation.

Capacitar was the life work of Pat Cane who founded the organisation in 1988. It teaches easy-to-learn and easy-to-use practices drawn both from ancient cultures and current research. It has field-tested and evaluated these holistic practices with thousands of people from different cultures and socioeconomic groups for more than 30 years. This evaluation has demonstrated the positive effects of using the practices on people's emotional, mental, spiritual and physical states and their sense of empowerment. Current medical research also proves the efficacy of many of the practices. Today, Capacitar International (<https://capacitar.org>) is a vibrant presence in over 45 countries, helping people to heal themselves and their communities.

Capacitar is the Spanish word for "to empower, to encourage, to bring to life" and participants learn these techniques and are encouraged to share them with family members. I have used the practices successfully with individuals and with a small group. Their feedback was very encouraging as they all reported a reduction in stress, an increase in physical relaxation as well as an improved sense of well-being.

"lovely to create a peaceful place to visit within yourself". *"very calming and relaxing physically and mentally".* *"relieved me of physical tension in my neck and shoulders".*

I am running a fortnightly Capacitar group on Tuesday mornings in East Burton Village Hall and all are welcome. To register and for more information contact Jenny Alidina at jennyalidina@irishollow.co.uk or on 07836 226049.

Autumn Season: Sept 8th & 22nd, Oct 6th & 20th,
Nov 3rd & 17th, Dec 1st & 8th.



Time: 10:30 - 12:00
including refreshments



Venue: East Burton
Village Hall
BH20 6EW



£5
per session.

For more information contact **Jenny Alidina** at jennyalidina@irishollow.co.uk

COMMUNITY SUMMER WITH TEDDY 'BEAR SHARE' & SCHOOL UNIFORM GIVEAWAY

FREE MUSIC / FREE DRINKS / FREE KIDS CRAFTS/ FREE SNACKS WHILE THEY LAST
FREE NEW-TO-YOU TEDDIES & FREE PRIMARY SCHOOL UNIFORM ITEMS



SATURDAY 15TH AUGUST
12PM - 2PM

ALL ARE WELCOME!

CHILDREN MUST BE ACCOMPANIED BY ADULTS
VENUE: MEMORIAL HALL - ENTRY VIA POPPIES TEAROOMS
KING GEORGE V RD, BOVINGTON, BH20 6JQ



A GIFT FROM THE COMMUNITY FOR THE COMMUNITY - FOR ALL AGES TO ENJOY
HOSTED BY POPPIES TEAROOMS & LIKE + FOLLOW 'BOVINGTON TOGETHER'
WEST PURBECK BENEFICE CHURCHES FOR MORE INFO + LINEUP UPDATES



YOUTH CAMP



is coming to West Lulworth and we would
welcome donations of non-refridgerated
cake or snacks!

Please label any homemade items with the
ingredients and deliver to the church office
in Wool on 14th August or Holy Trinity on
Monday 17th August at noon.
Many thanks!



www.westpurbeck.org.uk

Rev Jenny's change of ministry

After seven wonderful years of ministry as Associate Priest in the West Purbeck Benefice, and several years before that assisting across the benefice and wider Purbeck Deanery, Rev Jenny will be moving to become a Priest with Permission to Officiate from September. This means that Jenny will be handing over some areas of ministry which she currently leads on, but fortunately not all of them: Jenny will continue to lead our monthly Café Church and will also be running Capacitar courses which she has recently trained for.

I am very grateful to Jenny for the huge amount of work, energy and vision that she brings to our team. Jenny's leadership of Café Church, our marriage ministry, eXplore, Experience seasonal events, study courses, as well as her leading of worship across our churches and in people's homes, has brought many closer to Christ, and played a significant part in God's ministry and mission here.

We will mark Jenny's change in ministry at our benefice service in God's Pocket, Chaldon Herring, on Sunday 30th August, at 10.30am, at which Bishop Karen will preside and preach. This will be an opportunity to say thank you formally: 'thank you', but certainly not 'farewell'!

Richard

SHARE & CARE

Imagine being stranded at home not driving!

How would you get to your medical appointments?

PLEASE volunteer to drive your neighbours to those appointments.

We desperately need you. **HELP please!**

ALL villages around Wool covered. Fuel is reimbursed. Times to suit.

Please ring 07751 968 944

West Purbeck Benefice Choir

Our next benefice service, at which I hope the choir will sing, will be on **Sunday 30th August at 10.30am in God's Pocket, Chaldon Herring.**

We will practise on **Tuesday 18th August, 7.30pm at Wool Vicarage**, 8 Vicarage Close, Wool BH20 6EB. All will be very welcome – please share this message with fellow singers.



Harvest Quiz

supporting the work of the Church of the Holy Rood, Wool

Saturday 12th September

7.30pm, The D'Urberville Hall, Wool

£5 per person

- pay at Table; Card Reader available

bring your own Nibbles, Drinks and glasses

Book through Toni: tmac4455@aol.com

by Wednesday 9TH SEPTEMBER

Teams of up to six people -

you can join with others on the night

There will also be a raffle

Don't miss out—sign up today!

